

Principals Clive & Amy Aisbitt

R.L.R. Services



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Title Manual Handling – Train The Trainer

Location Plymouth, Reading, Trowbridge or Bespoke

Who Should Attend All employees, particularly new starters.

Duration 1 day

Aims This course has been designed to provide employers with trained and competent trainers in the safe manual handling of loads.

To enable delegates to provide employees with the information and basic skills through ongoing training, to enable them to perform manual handling tasks in a manner that will help them to avoid injury from the handling of loads at work, in accordance with the Company's obligation under the Manual Handling Regulations 1992.

To benefit employers via a reduction in absence, and the associated costs, resulting from lost time injuries sustained through manual handling activities.

To protect employees from the deterioration of quality of life commonly suffered through manual handling related injuries.

Topics Covered

Health and Safety Legislation
Common and Statute Law – History
Criminal and Civil Law - the distinction
Court Structure
Health and Safety at Work Act 1974
Duties of Employers and Employees
Health and Safety Enforcement - Powers of the HSE Inspectors
Formal Consultation with Employees
Current Legislation
EC Directives
Control of Noise Regulations
Manual Handling Regulations
Brief Summary of Regulations
Information and Training
Implications of the Regulations
of Injury
Policies on Manual Handling
Injuries to the human spine / back
Problems of the back

Objectives
Incidents
Corporate
Common
Common



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Manual Handling
Mechanical Handling Equipment
Pre Operating Checks; Load Security
of MHE; MHE Operators
Hazard Identification
Industrial Injury Reporting and First Aid
Evacuation Procedures
Safety Signs
Control of Substances Hazardous to Health – COSHH
Safe Systems of Work
Fundamental Requirements & Components of the System
of Safe Working Practices
Personal Protective Equipment
Presentation Considerations
The Audience; The Pitfalls; Pointers; Training Aids; Practical Training

Selection;
Operation

Examples

